Guess the Ingredient

Lobscouse

Constitution’s seamen enjoy a stew with the curious name of “lobscouse”, which has five ingredients in all. What do you think is in it, besides salt beef? Circle the other four ingredients.

- Fresh Beef
- Sauerkraut
- Raisins
- Biscuit
- Flour
- Salt beef
- Pork
- Onions
- Potatoes
- Sugar
- Molasses

Dunderfunk

A mess cook on Constitution is a popular man if he can mix up a dunderfunk and get it cooked. But what is it made of? What do you think is in it, besides molasses? Circle the other four ingredients.

- Molasses
- Flour
- Bacon
- Rice
- Water
- Biscuit
- Dried herring
- Beef fat
- Pickled cucumbers
- Garlic

Name _______________________
Date _______________________

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Guess the Ingredient (Answer Key)

Answer Key: Ingredients in Lobscouse
There is no special recipe for lobscouse, but it always includes beef, and either biscuits or potatoes – sometimes both. Boiled for hours, it gets as thick as porridge. Seamen spoon it up hungrily, because it’s warming, and gives them plenty of energy.

<table>
<thead>
<tr>
<th>Biscuit</th>
<th>Salt beef</th>
<th>Potatoes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flour</td>
<td>Onions</td>
<td></td>
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Answer Key: Ingredients in Dunderfunk
Dunderfunk is the closest thing seamen get to dessert. Collecting the ingredients is difficult, and getting it baked brown is an even tougher challenge. First the ship’s cook must be bribed for space in the stove. Then, unless it’s jealously guarded, there is always the chance that someone will steal the dunderfunk while it’s baking.

<table>
<thead>
<tr>
<th>Molasses</th>
<th>Beef fat</th>
<th>Flour</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biscuit</td>
<td>Water</td>
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